

## **2024 TIMETABLE**

## Effective: 8 January, 2024

\*\* Timetable is subject to change

www.martialjourney.com | 5 Wallace Ave, Point Cook, 3030 | 03 8368 2007

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8.00 - 9.00am						Senior Int & Adv   Junior Adv Red to Brown belt   Green to Black belt
9.00 - 9.45am						Senior Novice White, Yellow & Purple belt
10.00 - 10.30am						Micro Ninjas
10.30 - 11.15am						<b>Junior Intermediate</b> Orange, Purple & Red belt
11.15 - 12.00pm						Junior Novice White & Yellow belt
4.15 - 5.00pm	Junior Novice White & Yellow belt	<b>Micro Ninjas</b> 4.15 - 4.45pm	<b>Micro Ninjas</b> 4.15 - 4.45pm	Junior Novice White & Yellow belt	PRIVATE LESSONS	
5.00 - 5.45pm	Junior Intermediate Orange, Purple & Red belt	<b>Junior Novice</b> White & Yellow belt	Junior Novice White & Yellow belt	Junior Intermediate Orange, Purple & Red belt	AND	
5.45 - 6.30pm	Junior Advanced Green, Blue & Brown belt	Junior Intermediate Orange, Purple & Red belt	Junior Intermediate Orange, Purple & Red belt	Junior Advanced Green, Blue & Brown belt	TEAM	
6.30 - 7.15pm	Weapons Snr Purple belt & above Jnr Brown belt & above	Senior Novice White, Yellow & Purple belt	Weapons Snr Purple belt & above Jnr Brown belt & above	Senior Novice White, Yellow & Purple belt	TRAINING	
7.15 - 8.00pm	Senior Novice White, Yellow & Purple belt	Senior Intermediate Red, Green & Blue belt	Senior Novice White, Yellow & Purple belt	Senior Intermediate Red, Green & Blue belt		
8.00 - 8.45pm	Senior Intermediate Red, Green & Blue belt	Senior Advanced & Junior Black Snr Brown, Jnr Black, DANs	Senior Intermediate Red, Green & Blue belt	Senior Advanced & Junior Black Snr Brown, Jnr Black, DANs		